

**SOUTHWEST MN CHRISTIAN HS FIELD DAY  
ORDER OF EVENTS**

(This is an approximate time schedule as we will run straight through)

**FIELD EVENTS**

- 12:30 Closest to the Hole—participants will use a pitching wedge and chipping for the flag(hole). Each participant will be given three balls. Clubs will be available for use.  
5<sup>th</sup> & 6<sup>th</sup> Girls  
5<sup>th</sup> & 6<sup>th</sup> Boys  
7<sup>th</sup> & 8<sup>th</sup> Girls  
7<sup>th</sup> & 8<sup>th</sup> Boys
- 12:30 High Jump—in the following order—3 attempts each height  
5<sup>th</sup> & 6<sup>th</sup> Girls—start at 3'0"  
5<sup>th</sup> & 6<sup>th</sup> Boys—start at 3'6"  
7<sup>th</sup> & 8<sup>th</sup> Girls—start at 3'6"  
7<sup>th</sup> & 8<sup>th</sup> Boys—start at 4'0"
- 12:30 Softball Throw—in the following order—3 throws  
7<sup>th</sup> & 8<sup>th</sup> Boys  
7<sup>th</sup> & 8<sup>th</sup> Girls  
5<sup>th</sup> & 6<sup>th</sup> Boys  
5<sup>th</sup> & 6<sup>th</sup> Girls
- 12:30 Long Jump—in the following order—3 jumps  
5<sup>th</sup> & 6<sup>th</sup> Girls  
5<sup>th</sup> & 6<sup>th</sup> Boys  
7<sup>th</sup> & 8<sup>th</sup> Girls  
7<sup>th</sup> & 8<sup>th</sup> Boys
- 12:30 Shot Put—in the following order—3 throws  
7<sup>th</sup> & 8<sup>th</sup> Girls  
7<sup>th</sup> & 8<sup>th</sup> Boys

**Track Events**

- 12:30 5<sup>th</sup> & 6<sup>th</sup> Girls 75 m. dash  
12:35 5<sup>th</sup> & 6<sup>th</sup> Boys 75 m. dash  
12:40 7<sup>th</sup> & 8<sup>th</sup> Girls 75 m. dash  
12:45 7<sup>th</sup> & 8<sup>th</sup> Boys 75 m. dash  
12:50 5<sup>th</sup> & 6<sup>th</sup> Girls 400 M. Dash  
12:55 5<sup>th</sup> & 6<sup>th</sup> Boys 400 M. dash  
1:00 7<sup>th</sup> & 8<sup>th</sup> Girls 400 M. dash  
1:05 7<sup>th</sup> & 8<sup>th</sup> Boys 400 M. dash  
1:10 5<sup>th</sup> & 6<sup>th</sup> Girls 400 M. Relay  
1:15 5<sup>th</sup> & 6<sup>th</sup> Boys 400 M. Relay  
1:20 7<sup>th</sup> & 8<sup>th</sup> Girls 400 M. Relay  
1:25 7<sup>th</sup> & 8<sup>th</sup> Boys 400 M. Relay  
1:30 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup>, & 8<sup>th</sup> Girls 800 M. run  
1:40 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup>, & 8<sup>th</sup> Boys 800 M. run  
1:50 5<sup>th</sup> & 6<sup>th</sup> Girls 100 m. dash  
1:55 5<sup>th</sup> & 6<sup>th</sup> Boys 100 m. dash  
2:00 7<sup>th</sup> & 8<sup>th</sup> Girls 100 m. dash  
2:05 7<sup>th</sup> & 8<sup>th</sup> Boys 100 m. dash  
2:10 5<sup>th</sup> & 6<sup>th</sup> Girls 200 M. dash  
2:15 5<sup>th</sup> & 6<sup>th</sup> Boys 200 M. dash  
2:20 7<sup>th</sup> & 8<sup>th</sup> Girls 200 M. dash

2:25 7<sup>th</sup> & 8<sup>th</sup> Boys 200 M. dash  
2:30 5<sup>th</sup> & 6<sup>th</sup> Girls 400 M. Medley Relay  
2:35 5<sup>th</sup> & 6<sup>th</sup> Boys 400 M. Medley Relay  
2:40 7<sup>th</sup> & 8<sup>th</sup> Girls 800 M. Medley Relay  
2:50 7<sup>th</sup> & 8<sup>th</sup> Boys 800 M. Medley Relay  
3:00 Clean Up & Ribbons—Results will be emailed.